**DR.SUMERA MAJEED ZARGAR**

* **Address for correspondence:** I-8 Sankul appartments, near Deenanath Mangeshkar Hospital, Erandwane, Pune, 411004
* **Telephone (Mobile)** 8551084158, 8551084168
* **E-mail:** sumerazargar@gmail.com
* **Delhi medical council Registration no**:- 45395
* **J& K state medical council registration no** :- 8500

**EDUCATION**

* **MS (Ophthalmology).**

Government Medical College, Srinagar, Kashmir. May 2006 to May 2009.

* **Long-term Fellowship in Paediatric ophthalmology and strabismology**.

H V Desai Eye Hospital,Pune .(1ST Feb 2013 to 31 Jan 2014)

* **Basic course in medical education technologies(MET) by MCI(May 2014)**
* **MBBS:**

Government Medical College Srinagar, Kashmir, Mar 1998 to Nov 2003.

# SUMMARY OF EXPERIENCE

|  |  |  |
| --- | --- | --- |
| Assistant Professor | 10 th Feb 2014 till date | Bharati Vidyapeth Medical college, Pune. |
| Fellow in Paediatric ophthalmology and strabismology | 1ST Feb 2013 to 31 Jan 2014 | H V Desai Eye Hospital,Pune |
| Lecturer | May 2012 till Jan 2013 | KEM Hospital, Pune. |
| Registrar | March 2011 to March 2012 | Apollo hospital ,Delhi |
| Community Ophthalmologist | May 2010 Feb 2011 | Sher-i-Kashmir Institute of Medical Sciences Srinagar |
| Registrar | Oct 2009 till May 2010 | Apollo hospital , Delhi |
| MS- (ophthalmology) | May 2006-May 2009 | Government Medical College ,Srinagar, Kashmir, India |
| Junior Resident  (1)(Gynae and obs)  (2)(Anesthesiology) | 27-01-2005 to 07-04-2005  8-04-2205 to 31-08-2005 | Government Medical College  SMHS Hospital , Srinagar, India |

**PROFESSIONAL BACKGROUND**

* Presently working as Assistant professor in Bharti Vidyapeth Medical college.
* Worked as Lecturer in KEM hospital pune.
* Worked as Community ophthalmologist in Sher-i-Kashmir Institute Of Medical Sciences ,Srinagar.
* Worked as a Post Graduate Scholar at SMHS Hospital, Srinagar, India- A muti-speciality , 500 beded teaching hospital
* Performed surgical procedures e.g.: Paediatric cataract, squints, glaucoma, SICS, Phacoemulsification, DCR,(Conventional and with intubation),Evisceration ,Enucleation.
* Managed Squint clinic in my department.
* Managed procedures (minor surgeries) like pterygium excision, incision and curettage, cyst excision, excisional biopsies, Corneal tears, lid tears, Local infiltrations.

**Teaching Experience**

* As Assistant Professor involved in Undergraduate and Post graduate students teaching.
* As a Lecturer, Involved in teaching DNB students.
* As PG Scholar: - SMHS, Dept of Ophthalmology. May 2006 -May2009 . Involved in the teaching of under-graduate and junior residents of Department of Ophthalmology and nursing staff at SMHS Hospital, Srinagar J&K (India).

**Life Memberships:**

* All india ophthalmological society.(AIOS)
* Delhi ophthalmological Society (DOS).
* Indian Medical Association(IMA)
* Life Member of Indian Doctors for peace and development.

**Conferences attended:**

* DOS mid term conference ,New delhi 12-13 Nov 2011,
* DOS annual conference, New Delhi 13-15 April 2012.
* 5th POS annual conference DEC 2012.
* CME on Preferred practice patterns in commonly encountered ophthalmic conditions, Deenanath Mangeshkar Hospital, 2013.
* 6TH POS annual conference Dec 2013.
* 7TH POS annual conference Dec 2014.

**RESEARCH WORK**

* During my post graduate training I worked on research paper titled:
* **“Efficiency *of occlusion therapy in anisometropic amblyopia*”** under the guidance of Dr Tejit Singh**.** (Prof. &Head Department of Opthalmology, SMHS Hospital, Srinagar J&K).

**PUBLICATIONS AND PRESENTATIONS**

* ***Case Report:*Vogt-Koyanagi-Harada Syndrome in a 10 Years Old Child.**
* *Aalia R Sufi, Sumera Zargar, Tejit Singh,* Online journal of health and allied sciences .July, 2011.
* **Coat’s disease in an adult female. A rare occurrence.(**under publication)
* Presented a Case report “.***Bhlepherophimosis syndrome with retinitis pigmentosa .A rare association***” in SSI conference, Pune, Dec 2013.
* Participated as a faculty in teaching programme of ophthalmology residents in H V Desai institute , Pune. 2014

**Special Interests**

PHACOEMULSIFICATION

STRABISMOLOGY

**PERSONAL INFORMATION**

Date of birth 22nd February 1978

Marital status Married with 2 Kids

Spouse’s name Dr Imran Mir

Profession Urologist

**DR SUMERA MAJEED ZARGAR**

**Place: India**

**Jan , 2015.**