

Dr. Sathya Prakash

Senior Resident

Department of Psychiatry/ De-addiction

All India Institute of Medical Sciences

Ansari Nagar, New Delhi

110029

Email: dr.sathyaprakashtbts@gmail.com

Mob: 9013922869, 9650848449

- **MBBS – Bangalore Medical College and Research Institute (BMCRI)(2004-2010)**
Bangalore, India
- **MD (Psychiatry) –All India Institute of Medical Sciences (AIIMS)/ National Drug Dependence Treatment Centre (2010-2013)**
New Delhi, India
- **Diploma in Cognitive Behavioural Therapy – University of West of Scotland (2015-2016)**
Glasgow, Scotland
- Current position
 - Senior Resident in Psychiatry (2013-present), AIIMS, New Delhi
- **Awards:**
 - **Vidyasagar gold medal** for excellence in MD psychiatry exams
[Awarded to only 3 candidates in the past]
 - **Indian Council of Medical Research award** for MD thesis
 - **Bhagwat award** 2014 for best paper presented at Annual National Conference of Indian Psychiatric Society, 2014
 - **Indian Council of Medical Research travel award 2014**
 - **Early career psychiatry fellowship** under Prof. Norman Sartorius, Geneva
- Life Member
 - Indian Psychiatric Society
 - Indian Psychiatric Society – North Zone
 - Indian Association for Social Psychiatry

- **Projects carried out:**

1. Bannerjee A, Ray D, **Prakash S**, Sharan P. A multimodal neuroimaging study of structural and functional brain networks as a classifying tool for psycho-sexual disorders. 2015.
2. **Prakash S**, Sharan P. A study comparing phenomenology of dhat syndrome in male patients and genetically unrelated accompanying persons presenting at a tertiary care centre in northern India. 2015.
3. Chadda RK, Deb KS, Sood M, **Prakash S**. Assessment of Needs, Scope and Focus for Consultation-Liaison Psychiatry services at AIIMS, New Delhi. 2015.
4. Balhara YPS, **Prakash S**. A study on beliefs related to pharmacological treatment of opioid dependent individuals seeking help at a tertiary care centre. 2014.
5. Balhara YPS, Gupta R, **Prakash S**. Pathways of care among opioid dependent and alcohol dependent patients seeking help at a tertiary care centre and a community centre: A comparative study. 2014.
6. Rao R, Dhawan A, Ambekar A, **Prakash S**, Krishnan V, Swaminathan P. Treatment Related Knowledge And Beliefs Among Patients Receiving Methadone Maintenance Treatment In A Community Based Clinic – A Qualitative Study. 2014.
7. Jain R, Balhara YPS, Qureshi R, **Prakash S**, Mandal P. Assessment of biochemical and haematological profile of opioid dependent patients receiving buprenorphine/ buprenorphine naloxone combination. 2014.
8. Jain R, Balhara YPS, Qureshi R, Mandal P, **Prakash S**. Evaluation of compliance in patients receiving naltrexone for long term management of opioid dependence.2014.

- **Publications in peer reviewed indexed journals: (Average impact: 5.00)**
 1. **Prakash S**, Sharan P, Sood M. Phenomenology of Dhat syndrome in men in a general medical setting. *Ind J Psych.* 2016. **Impact: 1.2**
 2. **Prakash S**, Sagar R. Psychiatric classification: Current debate and future directions. *Asian J Psychiatr.* 2015. (Accepted) **Impact: 1.6**
 3. **Prakash S**, Balhara YPS. Perceptions related to pharmacological treatment of opioid dependence among individuals seeking treatment at a tertiary care centre in northern India: a descriptive study. *Sub use misuse.* 2016.
 4. **Prakash S.** The ever growing list of psychiatric disorders. *Eletter. Br J Psychiatry.* 2015, 207 (3) 198-206. **Impact: 8.0**
 5. **Prakash S**, Sagar R. Phenomenology of obsessive compulsive disorder: taking a fresh look. *Asian J Psychiatr.* 2015. (Accepted) **Impact: 1.6**
 6. Balhara YPS, **Prakash S**, Gupta R. Pathways to care of alcohol dependent patients: An exploratory study from a tertiary care substance use disorder treatment centre. *Int J High Risk Behav and Addiction.* 2015. (Accepted) **Impact: 0.29**
 7. Dayal P, **Prakash S.** Binge Drinking in Tuberos Sclerosis Successfully Treated with Valproate: A Case Report. *J Sub use.* 2015. (Accepted) **Impact: 0.83**
 8. **Prakash S**, Balhara YPS. Rare Form of Dyskinetic Movements Associated with Alcohol Withdrawal. *Ind J Psychol Med.* 2015.(Accepted) **Impact: 0.75**
 9. **Prakash S**, Ambekar A, Dayal P. Occasional alcohol use, relapse to opioids and the role of disulfiram. *J Sub use.* 2015.(Accepted) **Impact: 0.83**
 10. **Prakash S**, Mandal P. Etiology based classification - The way forward for psychiatry. *Acta Psych Scand* 2015; 132(1):81. **Impact: 5.6**
 11. Mandal P, **Prakash S.** Tramadol: A good option for management of opioid withdrawal syndrome in developing countries. *J Sub Use.* 2015. (Online ahead of print) **Impact: 0.83**
 12. **Prakash S**, Mandal P. Psychiatry's dilemma: A poorly valid symptom based classification versus a yet infantile neuroscience based classification. *Asian J Psychiatry.* 2015.(Online ahead of print) **Impact: 1.6**
 13. Mandal P, **Prakash S.** Stigma of mental illness and role of nursing professionals: A developing country perspective. *J Nurs Care.* 2014;3:190.

14. **Prakash S**, Mandal P. Is the DSM-5 position on dhat syndrome justified? (Editorial) *Asian J Psychiatr.* 2014;12:155-57. **Impact: 1.6**
15. Mandal P, **Prakash S**, Sagar R. Primary caregivers of schizophrenia outpatients: burden and its correlates. *Delhi Psychiatry J.* 2014;17(2):343-48
16. **Prakash S**, Balhara YPS, Deepak S. Heroin induced chronic hypomania – A case report. *J Sub use.* 2014 (Online ahead of print). **Impact: 0.83**
17. **Prakash S**, Mandal P. Medically Unexplained Somatic Symptoms – Diagnostic and Treatment Issues on the Indian Subcontinent. *Am J psychiatry.* 2014 (Accepted to be published) **Impact: 13.6**
18. **Prakash S**, Mandal P. Dhat syndrome: An extremely unusual presentation. *World Cul Psych Res Rev.* 2014;9(3).
19. **Prakash S**, Balhara YPS. Psychiatric morbidity in children and adolescents with diabetes mellitus. *Ind J End Metab.* 2014. (Accepted to be published)
20. **Prakash S**, Mandal P. Is dhat syndrome indeed a culturally determined form of depression? *Ind J Psychol Med.* 2014;37(1):107-09. **Impact: 0.75**
21. **Prakash S**, Mandal P. Drug trials in psychiatry: Methodological issues. *Asian J Psych.* 2014;8:109-10. **Impact: 1.6**
22. **Prakash S**, Mandal P. Improving somatic health in severe mental illness. *Acta Psychiatr Scand.* 2014 Mar;129(3):236-7. **Impact: 5.6**
23. **Prakash S**, Mandal P. Recognizing mental health problems in disaster survivors. *N Eng J Med.* 2014 Feb; 370(8):783. **Impact: 55.9**
24. Mandal P, **Prakash S**. Methodological considerations in studying psycho-social aspects of suicide. *Ind J psychiatry.* 2014;1(56);98. **Impact: 1.2**
25. **Prakash S**, Mandal P. Culture bound syndromes: Nosological and management issues. *Ind J Psych.* 2014 Jan;56(1):99. **Impact: 1.2**
26. **Prakash S**, Chadda RK. Teratogenicity with Olanzapine – A case report. *Ind J Psychol Med.* 2014 Jan;36(1):91-3. **Impact: 0.75**
27. **Prakash S**. A case of hypochondriasis with dexamethasone and pheniramine dependence. *J sub use.* 2015;20(1):73-75. **Impact: 0.83**
28. Mandal P, **Prakash S**, Deb KS. Schizophrenia caregivers' burden: Need to look deeper. *Asian J Psychiatry.* 2013 Oct;6(5):428. **Impact: 1.6**
29. **Prakash S**, Mandal P, Sagar R. Paroxetine in the treatment of recurrent brief depressive disorder. *J Pharmacol Pharmacother.* 2013 Oct;4(4):288-90.

30. Prakash S. The varied manifestations of Dhat syndrome. *World J Urol.* 2012; 31(4):1015. **Impact: 2.7**

• **Conference presentations (with abstract published):**

1. Pandey A, **Prakash S**, Sood M. A case of REM sleep behaviour disorder due to clomipramine. Poster presented at ANCIPS 2016. Bhopal.
2. Gupta S, **Prakash S**, Sharan P. Shared or induced delusional disorder: A case report and critical review. Poster presented at WPA conference, Kochi, 2015.
3. Sagar R, **Prakash S**. Predementia and psychiatry. Department of Science and Technology brainstorming meeting on predementia. 2014.
4. **Prakash S**, Gupta R, Balhara YPS. Pathways to care of alcohol dependent patients: An exploratory study from a tertiary care substance use disorder treatment centre. Paper presented for GC Boral II award at NCIASP, 2014, Mysore.
5. **Prakash S**, Ambekar A, Dayal P. Role of disulfiram in opioid dependence to prevent relapse to opioids under occasional alcohol intoxication. Poster presented at NCIASP, 2014, Mysore.
6. **Prakash S**, Balhara YPS. Beliefs related to pharmacological treatment of opioid dependence among individuals seeking help at a tertiary care centre. Paper presented at the 16th International Society of Addiction Medicine, Annual Meeting, 2014, Yokohama, Japan.
7. **Prakash S**, Balhara YPS. Dopamine receptor sensitivity, alcohol withdrawal and abnormal involuntary movements. Poster presented at the 1st Global Conference of Biological Psychiatry, 2014, New Delhi.
8. **Prakash S**, Sharan P, Sood M. Usual and unusual presentations of dhat syndrome in men: Are they different? Free paper presented at ANCIPS-NZ 2013, New Delhi.
9. **Prakash S**, Balhara YPS. A study on beliefs related to pharmacological treatment of opioid dependent individuals seeking help at a tertiary care centre. Free paper presented at ANCIPS 2014, Pune.
10. **Prakash S**. Dhat syndrome: A qualitative and quantitative study. Paper presented for Bhagwat award. ANCIPS 2014, Pune.

- **Chapters in book:**
 1. Sharan P, **Prakash S**. Antecedents of personality disorders. Asian Society for Child and Adolescent Psychiatry and Allied Professions. 2016.
 2. Balhara YPS, **Prakash S**, Mahapatra A. Dual Diagnosis: Psychotic disorders. Indian Psychiatric Society (IPS) practice guidelines.
 3. Balhara YPS, **Prakash S**. Psychiatric Management. In: Textbook of childhood diabetes. Jaypee brothers. 2015.
 4. Balhara YPS, **Prakash S**, Kalra S. Psychological stress and role of relaxation response in diabetes. In: Advances in Diabetes Mellitus. 2014. Jaypee brothers. New Delhi.
 5. Bhargav R, **Prakash S**, Arun P. Epidemiology of specific learning disorders. In: Specific learning disorders: Indian scenario. 2014. (Under publication).
 6. Balhara YPS, **Prakash S**. Co-occurring substance use disorders and common mental disorders. In: The neuropathology of drug addictions and substance misuse. Ed. Preedy V. Elsevier. (Under publication)
 7. Balhara YPS, **Prakash S**. Psychiatric management. In: Textbook of pediatric diabetology.
 8. Balhara YPS, **Prakash S**. Pharmacology of alcohol. World Health Organization teaching module for physicians. 2016.
- **Workshops conducted:**
 - Stress management workshop for newly joined lab technicians at AIIMS, New Delhi. 2015.
 - Psychological issues in sports: On behalf of NCPCR for Sports Authority of India, Patiala. 2015.
 - Bhargava R, Sharan P, Sahu A, Bhattacharya D, Prakash S. Communication skills for medical staff, AIIMS, New Delhi, 2015.
- **Peer reviewer for:**
 - Journal of mental health and human behaviour
- **MORE rater for evidence based medicine – McMaster university/ BMJ group**