

Curriculum Vitae

Dr. Kartikaya Gupta

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CAREER OBJECTIVE

I would like to work in an organization that provides me with the right exposure to substantiate my knowledge and practicality in various facets of psychiatry, particularly the approaches for clinical diagnosis. I am an assertive and hard-working person and seek a responsible job with an opportunity for professional challenges leading to self-contentment.

PERSONAL DETAILS

Date of Birth	16.06.1988
Sex	Male
Marital Status	Married
Qualification	MBBS, MD(Psychiatry)
Nationality	Indian
Husband's details	Dr. Sonal Gupta, MBBS,MD(Pathology)

PROFESSIONAL QUALIFICATIONS

M.D. Pathology (June 2015) Institute of medicine, TUTH, Kathmandu, Nepal

M.B.B.S. (Mar 2011) Nepal Gunj Medical College, Nepal Gunj, Nepal

Registered Medical Practitioner- Medical Council Of India /13-49915.

WORK EXPERIENCE

Post	Period	Speciality	College and Hospital
PG	June 2012-June 2015	Psychiatry	Institute of medicine, Kathmandu

Resident

This is a 1200 bedded hospital. I worked here as a post graduate for a period of three years during which I have:

1. Worked in the OPDs, addiction clinic, child guidance clinic, geriatric clinic, de addiction ward, neurology department , psychology department
2. Learned basics of electroconvulsive therapy, EEG.
3. Acquired in depth knowledge of psychological intervention, pharmacotherapy.
4. Presentation of seminars on latest topics in psychiatry.
5. Taking theory classes and practical classes for undergraduate medical students.
6. Participated in case conferences,clinical discussions,journal clubs.

RESEARCH

Done a prospective study on “Prevalence of Depression among Chronic Kidney Disease patients on conservative treatment and on Maintenance Haemodialysis.” At Institute Of Medicine, Kathmandu as thesis from Oct 2013- Oct 2014.

CONFERENCES AND WORKSHOPS

- 14 September 2012 : Basic Life Support & Advanced Cardiac Life Support Training Organized by Department of Anaesthesiology,TUTH.
- 27-28 August 2013 : CME Program on recent developments in Psychiatry Organized by Psychiatric Association of Nepal
- 02-04 March 2013 : 26th All Nepal Medical Conference Organized by Nepal Medical Association

COMPUTER SKILLS

Proficient in Microsoft Word, Microsoft Excel, Microsoft Power Point and using Internet for medical data search.

PERSONAL STRENGTH

- I would consider myself as a safe, reliable and sincere doctor
- I have good communication skills & potential to cope with stressful situations
- Interested in team work and can take responsibilities
- Flexible and pleasant with colleagues and seniors

EXTRACURRICULAR ACTIVITIES

- Actively participated in National Pulse Polio Programmes, Blood Donation camps, and public awareness programmes.
- Interested in current affairs, sports and computing.
- Enjoy listening to music, reading books and travel.